Parent Update

Friday 4th September 2026

Welcome back! It has been lovely to see so many smiling faces on the playgrounds.

We do not usually send home paper copies of our parent updates. You will be able to find these on our website, too. In the '**Parents'** section, look for **'Letters'**.

Back to School Information

PE

PE days are on the website calendar. From **next week** (8th September onwards), the timetable will be as follows:

Mondays – Cwtch 1 and Cwtch 2
Tuesdays – Cwtch 6
Wednesdays – Cwtch Derbyn (Reception)
Thursdays – Cwtch 3 and Cwtch 5
Fridays - Cwtch 4



Please remember that your child needs to wear their **PE uniform** on this day. The uniform consists of:

- **a yellow t-shirt**
- **navy joggers**
- **navy sports jacket or sweatshirt**
- **trainers**

Uniform is available from YC sports or from any supermarket or high-street store. Keeping to the school's dress code is an important part of our school family ethos and **we appreciate your support**.

Home Reading Books

We will be sending a reading book home with every child during the week beginning 21st September. Your child will swap this book every week **on the same day as they have PE**. Reminders are on the website calendar.



More information about home reading will follow.

Parent Update

Friday 4th September 2026

Snack Time



Children benefit from a healthy morning snack. It helps them to concentrate, stops them getting 'hangry' and adds to their daily vitamin intake.

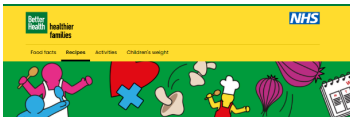


Bishop Childs is a healthy school. We work hard to train our pupils' appetites to enjoy healthy food. Please send your child to school with a bottle of **water** to drink and **fresh fruit or vegetables** to eat. Also, please ensure that your child's bottle is clearly labelled.

School Lunches

School lunches are free for every child. Meals are nutritionally balanced. Just remember to choose a menu option for your child using your ParentPay account.

Some parents choose to send their child to school with a packed lunch, instead of having a meal prepared by the school. We would appreciate it if you could please make sure that this is also a healthy option. There are plenty of ideas on the NHS 'Healthier Families' website:
https://www.nhs.uk/healthier-families/recipes/healthier-lunchboxes/



PLEASE REMEMBER:

Bishop Childs is a nut-free school.
Please check the ingredients on any food you send

Thank you in advance for helping us to ensure that every child is given the best chance of growing into a fit and healthy adult.

Uniform

A quick reminder to please **label everything.** We would like to return any lost property to its owner as quickly as possible. Thank you 🙂



Parent Update

Friday 4th September 2026

If you have any questions, please remember that you can contact us via text, email or telephone.

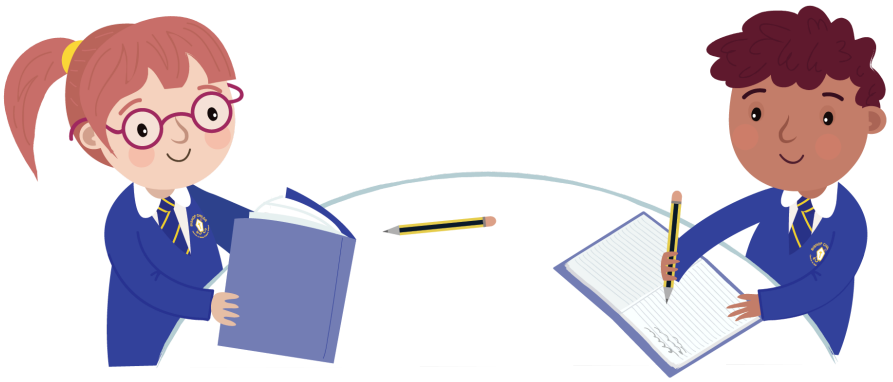
Contacting Us

Telephone: 02920 770584

Email: headteacher@bishopchildsprm.co.uk

Text: 07480 635596

School events are listed on our website calendar.



Remember that you can also link your phone to our website calendar:



Parent Update

Friday 4th September 2026

Arbor Parent App

Scan the QR code to download the Arbor Parent App, and use your email address to log in

If you have any problems accessing your child's portal, please let us know.

Mr Phippen is our school expert and he will be happy to help.