Bishop Childs' Homework Activities



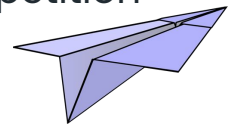
- Find a live performance or music video of your favourite song and try to copy the dance routine – if it doesn't have a routine, create your own!
- Have a competition to see who can come up with the best new dance moves – can you make up a signature move for yourself?



- Draw a plan of your house or a map of your local area and follow a route
- Make your own skittles game with cardboard tubes and a small foam ball. Improve your maths skills by giving each skittle a point value.
- Make a healthy meal or snack by following a recipe. You can find plenty of them online - the NHS Healthier Families recipes are particularly tasty: https://www.nhs.uk/healthier-families/recipes/



- Put on a play - You can write a simple script and make costumes from bits and pieces around the house.
- Find out about different ways to make paper aeroplanes and organise a competition with family and friends



- Put together a scrapbook of positive memories using special souvenirs, such as tickets, photographs or short memory messages.
- Get creative with homemade play dough; it's great fun for children of all ages. Recipe here: https://www.bbc.co.uk/tiny-happy-people/articles/z4tdd6f



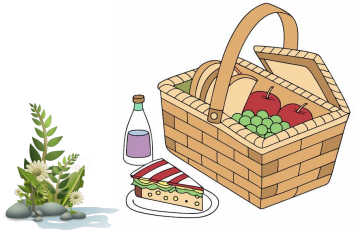
- Make friendship bracelets with leftover thread and old beads: https://www.hobbycraft.co.uk/ideas/how-to-make-friendship-bracelets.html#product-reviews
- Play board games together. These are popular in school: Jenga, Ludo/Frustration, Dominoes, Snakes and Ladders, Connect 4, Draughts, Battleships
- Play card games together. These are popular in school: Snap, Pairs, Happy Families. Uno
- Complete a jigsaw puzzle. Preloved ones can be bought for very little money.
- Have your own home disco - good exercise and loads of fun!
- Write a letter to somebody special, or even to yourself!
- Visit the library and borrow some books that interest you.



- Go for walks in different locations and note down the different sounds you hear in each one.



- Learn how to make a cat's cradle with string and play the cat's cradle game when you're confident enough: https://www.wikihow.com/Play-The-Cat%27s-Cradle-Game
- Create an indoor den using things like chairs, blankets and cushions
- Pack a picnic and enjoy it in the outdoors.



- Sketch plants that you find in the garden or when you're out on a walk.
- Make your own musical instruments using pots and pans, or plastic containers. Compose a piece of music and sing along.
- Play ball games such as football or throw and catch. Make up your own rules and organise a competition with family and friends.
- Play a homemade maths game. Here are some for 4-7 year olds and for 7-11 year olds
- Decorate your initials or your name .



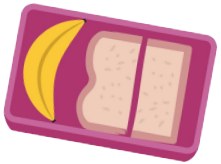
- Borrow nature books from the local library and use them to identify flowers and trees in the local area.
- Use paper and wax crayons to make bark rubbings
- Make a necklace from paper clips or old beads threaded on string.





- Go for a word walk! Notice how many words you can see, from words on signs, to flags, to buses, as you either walk or look around you. If you're unable to go for a walk outside, find a window and look outside, or sit outdoors. Use the words you find to write a poem.
- Set an alarm to go off every hour, or at an interval of your choice. Each time the alarm goes off, take a photograph that captures whatever is happening in that moment. You might find it helpful to choose a theme, like a colour or shape to look out for, or perhaps you'll simply be inspired in the moment. Include yourself in your photos if you'd like to. Give your photo series a caption or name.
- Learn to lay the table and do this together a few times each week.
- Enjoy screen-free days together, where both adults and children leave their devices untouched for an agreed period of time.

- Create something that will make somebody else smile - Perhaps you could learn a magic trick or practise telling a few jokes well. Perhaps you would prefer to create a card, draw a picture, sing a song or bake a cake :)
- Write or record a book review; it doesn't matter whether you loved it, hated it or just thought it was okay, other people will be interested in your thoughts. Try to explain **why** you have these views.
- Find out about a famous person that you admire and write or record a short biography. You could include pictures or items linked to this person, such as demonstrating a famous football goal scored by your favourite player. Remember to explain why you think this person is someone to look up to, as well as sharing the most important events in their life.
- Learn what different road signs mean and play a speedy spotter game with your family when you are out for a walk, or driving along in the car.
- Learn how to make a snack for yourself - perhaps a sandwich or a tasty wrap. If it tastes delicious, share your recipe with your teacher and school friends.
- Help to clear dishes after a meal and learn about how to wash-up.



- Create an imaginary setting and role play jobs that you may like to do when you are older - perhaps you would like to become a vet, or a doctor, perhaps you would be good at running a coffee shop, styling people's hair or working in a post office.
- Make a shopping list and note the cost of every item. This can be a written list, or a list containing pictures. Older children can use the list to calculate total costs and how much change they would expect from, say, a £10 note.
- Take a walk around your local area and think about what makes it a great place to live. Record you thoughts so that you can look back at them and think about how grateful you are. You might make a short video, or make a collage with leftover paper or fabric. You can write and draw if that is something you like doing.
- Find out about the Welsh flag. What is special about the red dragon on a green and white background? Does the dragon always face the same way? You might like to find out about flags of other countries, too.
- Learn how to make you bed and surprise the adults in your house by doing it every day, as soon as you get up.



- Take up a new hobby. Some people collect things that they find interesting such as stamps, shells or stickers. Some people have a 'pastime' that helps them relax, such as running, knitting or birdwatching. Some people like to complete puzzles or jigsaws. Try a few things and see which one feels best.
- Plant something, care for it and watch it grow. You can plant cress in an egg shell (after it has been washed by an adult), you can plant a sunflower in a you could plant wildflower seeds in your garden, or you might want to be more ambitious and plant some vegetables.



- Upcycle something that has already been loved by someone else. You could add new decorations to a preloved t-shirt, you could make your own birthday cards by cutting out pictures from old magazines, might even like to make plant pots from plastic bottles.



- Design your own sporting challenges, such as how many times you can throw a ball into the air and catch it in one minute, or how many times you can hop on one leg. Try to improve your performance over time by doing more of something or doing it better.

- Write a message, draw a picture or write a letter to a friend or family member, letting them know why they are inspirational and what they have inspired you to do.
- Gather some clean recycling. Take time to think about that thing differently. Could it be re-used at all? Could it be used for something completely different? Could it be made into a friendly character? Give it a new life.
- Think of 3 things that you are grateful for. These could be small things, big things, ordinary things or unusual things. Find a jar or box and label or decorate it as a Gratitude Bank. Daily, or as regularly as you can manage it, write down or draw things that you are grateful for on slips of paper and 'deposit' them in your jar or box. When things are tough, it can be a good idea to 'withdraw' / take out some of your ideas and remind yourself of good things that have happened.









- Take two or three random letters. If you can see a car number plate near you, take the letters from that; if not, look around your spacek and take the first letter of two or three objects that you notice. Use these letters for initials and create a character name with them, e.g. WP could be William Perkins or Wilma Parry. This character could be human, animal, alien, or whatever you want. You could draw your character, or just imagine what they look like. Then answer these questions, either in writing, or by chatting to a grown-up:
  - What is this characters favourite breakfast?
  - What is this characters greatest achievement?
  - What job would they like to do?
  - What do they like to watch on TV?
  - Who is their best friend?
  - What sort of home do they live in?
  - What is their favourite day out?
  - How do they like to travel?

